



**P25, P37, P373R and Hungerford  
INVITES FAMILIES TO ATTEND**

## *Care for the Caregiver Workshop*

**Presented by  
Julia Luppino, Regional Coordinator  
Parent to Parent of NYS**

**Join us at this workshop as we learn how to identify and manage the  
stress that so often affects caregivers.**

**July 26, 2017  
10:00 am - 11:00 am  
Institute for Basic Research  
1050 Forest Hill Road  
Staten Island, NY 10314**

**RSVP by July 19: Maria Caridi at 718-816-8897**

*“The greatest weapon against stress is our ability to choose one thought over another.”*

« William James

